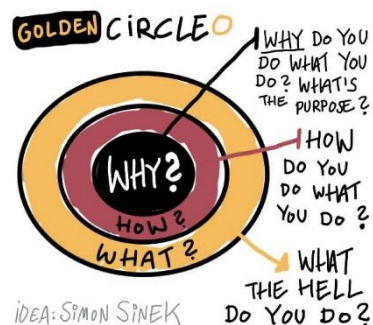


# Himbleton CE Primary School and Nursery



*Nurture, Nature, Knowledge:  
Enabling inquisitive thinkers and inspired  
learners with kind hearts.*

## The Himbleton Approach to the Teaching of PSHE



## **Personal, Social and Health Education (PSHE)**

Strong today.  
Stronger tomorrow.  
Strongest together.

#strongestSELForever

PSHE is an integral part of our curriculum at Himbleton CE Primary School and Nursery. We teach PSHE discretely in each class, focusing on a key theme each half term to ensure that knowledge and skills are developed progressively. However, PSHE themes underpin all areas of the curriculum, specifically in relation to the development of our Christian values and British values.

We aim for the PSHE curriculum to equip our children with the necessary skills and knowledge for life in an ever-changing, diverse world. We want them to be able to live independently yet collaboratively, dealing with challenges with resilience and being confident to express their views respectfully and take action to bring about change.

We use 'Healthy Relationships: A Whole School Approach' as part of our PSHE curriculum, as well as 'Heartsmart'. Our Key Stage Two children embark upon the 'Young Leaders Award' from the Archbishop of York Youth Trust to support development in this curriculum area.

### **Intent**

#### **Why do we do what we do?**

At Himbleton CofE Primary School and Nursery we believe that PSHE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed, active and responsible citizens. Himbleton is a HeartSmart school. HeartSmart is a creative approach to build character, emotional health and resilience in children. Equipping children with foundational principles and skills that will improve their mental health, relationships and academic achievement, at Himbleton we want every child to know that they are loved, valued and cared for. We recognise the value of educating the heart alongside educating the mind. Our PSHE curriculum is linked with our Christian values, our sex and relationship education (SRE) and pastoral care programme. The vision for students, staff and others linked to our school is to always look to achieve our personal best in every aspect of school life.

- Our school is one where everyone is encouraged and supported to achieve their personal best.
- Our school is welcoming, inclusive, has a real community feel and is a place where everyone is valued.

- Our pupils and staff treat each other equitably, fairly, with kindness and with mutual respect. At all times, staff and pupils are encouraged to show a high regard for the needs and feelings of others through their actions and words.
- Our pupils and staff are enterprising and approach challenges with a 'can-do' attitude. We promote a growth mindset: this is supported through our 'HeartSmart' PSHE scheme of work which is delivered weekly from Nursery – Year 6.
- The needs and interests of all pupils, irrespective of gender, culture, ability or aptitude, will be promoted through the HeartSmart scheme of work. Equality is embedded into everything that we do.

## **Implementation**

### **How do we make our intent a reality?**

A range of teaching and learning styles will be used to teach PSHE. The main scheme of work that the school will adopt is HeartSmart, a resource that builds resilience, emotional intelligence and active empathy in children. HeartSmart lessons are taught on a weekly basis from nursery to Year 6 and its ethos is underpinned in all aspects of daily life.

- Teaching will be pupil-led and there will be an emphasis on active learning techniques such as discussion and group work.
- 'Ice-breaker' activities and clear ground rules regarding discussions will be put in place in order to ensure a safe, supportive and positive learning environment.
- Pupils will have the opportunity to engage in investigations and problem solving activities.
- All pupils will be encouraged to take part in charity work and volunteering as part of our school community, as well as organising school events such as assemblies and fundraisers.
- We use visiting speakers, such as health workers and the police, to broaden the curriculum and share their real life experiences.
- Pupils' questions will, unless inappropriate, be answered respectfully by the teacher.
- Every lesson should reinforce that, if pupils have any personal concerns or wish to talk about any of the issues raised in the lesson, they should feel comfortable consulting their teacher or another member of staff about this.
- Teaching will take into account the ability, age, readiness and cultural backgrounds of all young people in the class and will be tailored accordingly.
- All pupils with special educational needs will receive PSHE education, with content and delivery tailored to meet their individual needs.
- Pupils' knowledge and understanding is assessed through formative assessment via question and answer sessions, discussion groups and quizzes. The caring and positive ethos of our school will be an effective tool to measure the effectiveness of our PHSE curriculum.

## **Impact**

### **What are the outcomes for our children?**

Teachers assess children's work in PSHE by making informal judgments as they observe them during lessons. Children are encouraged to self, peer and group assess work in a positive way. As part of our assessment for learning process, children will receive verbal feedback in order

to aid progress in the subject. Summative assessment is undertaken during the year, using the progression of skills document. Work is then discussed as a staff and any adjustments to the delivery of the curriculum can be made. Progress is reported to parents at the end of the year and is measured from feedback from our school performances.

### **How do we know that we have achieved these outcomes?**

By the time children leave us they will:

- Demonstrate kindness and respect towards themselves and others.
- Have the courage and ability to try new things, challenge themselves and persevere.
- Take responsibility for their actions.
- Have a good understanding of how to stay safe, healthy and how to develop good relationships.
- Have an appreciation of what it means to be a positive member of a diverse, multicultural society.
- Demonstrate and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Liberty.
- Be on their journey preparing them for life and work in modern Britain.
- Be equipped to 'reach for the stars'.

Assessment within discrete PSHE lessons will ensure that pupils are building on their skills and knowledge over time progressively. Predetermined learning objectives allow teachers to be mindful of the assessment elements within lessons and can help them pitch and plan subsequent lessons. Activities are included within lesson to give the children the opportunity to self-assess and these allow children the opportunity to identify areas for self-improvement.

An individual's progress will be recognised through recognition within the classroom and being awarded certificates during weekly celebration assemblies.

In order to be confident in the impact of PSHE across the whole school community, the PSHE leader will monitor the subject through discussion with pupils, gathering evidence of written activities, monitoring displays and through ongoing discussion with colleagues.

### **"Enabling inquisitive thinkers and inspired learners with kind hearts."**

Building on these themes, we believe that our PSHE curriculum contributes to the outworking of our whole school vision as it has an invaluable part to play in developing awareness of the wider world and preparing our children for life beyond Himbleton.

