



## **Enabling Spiritual Development**

### ***What is spirituality and why is it so important?***

Spirituality affects everything; it shapes who we are and how we live. At Himbleton, we believe that spirituality is a sense of something beyond the here and now. To develop spirituality, this sense must be nurtured through explicitly planned opportunities as well as those that occur incidentally. We must enable and embrace our children's questions, doubts and wonder of existence within God's world so as to enable the inner life of the soul of each child to flourish.

### ***How do we explicitly plan to enable spiritual development?***

At Himbleton, we have adopted David Smith's 'spiritual capacities', as defined in *Making Sense of Spiritual Development* (1999):

*Awe and wonder*

*Connection and belonging*

*Curiosity and mystery*

*Self-awareness*

*Prayer and worship.*

These capacities provide us with a clear and robust framework within which to plan opportunities for spiritual development across our whole curriculum offer, beyond those that occur incidentally and within RE and Collective Worship.

Each unit of enquiry focuses on one or two spiritual capacities, with teachers considering how they will enable development of this. More details can be found on unit of enquiry overview planners.