



Support for Children and Families

At Himbleton, we live out a promise to continually learn, improve our world and better ourselves by applying Christian values through our actions each and every day. Our values guide our choices as we learn and prepare us for the journey beyond our school, into our future.

At Himbleton, our intent is to **enable inquisitive thinkers and inspired learners with kind hearts.**

At our school, we recognise the challenges that families face in bringing up children. We endeavour to create a school ethos that promotes trust between parents/carers and school, as well as between all adults and children, so that everyone knows who they are able to talk to if they have any concerns or worries. There may be times when you need extra help and support. If this is the case, please come and talk to us. Providing early help to our pupils and families at Himbleton means we are more effective in promoting support as soon as we can which can be at any point in a child's life, from early years all the way through to teenage years.

Key Personnel:

The Designated Safeguarding Lead (DSL) is: Mrs Kirsty Shaw

Contact details:

head@himbleton.worcs.sch.uk Telephone: 01905 391231

The deputy DSL is: Mrs Sara Hedges

Contact details:

slt54@himbleton.worcs.sch.uk Telephone: 01905 391231

The Governor responsible for safeguarding is: Mrs Lisa Wilkinson

Contact details:

lwilkinson@himbleton.worcs.sch.uk Telephone: 01905 391231

The Chair of Governors is: Mr Mark Roberts

Contact details:

mroberts@himbleton.worcs.sch.uk Telephone: 01905 391231

Early Help Team at Himbleton

			
Kirsty Shaw Headteacher Designated Safeguarding Lead (DSL)	Sara Hedges Deputy Designated Safeguarding Lead (DDSL)	Gemma Beattie SENCO	Claire Marks ELSA and Pastoral Support
If you are experiencing any challenges or issues affecting family life, please speak to a member of staff who will be happy to provide support and advice.			

Our Early Help Offer

Early Help is a pathway to supporting your child and you as they grow up when you, or they, may need further support or guidance.

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family
- Children in the family have special educational needs (SEND)
- Children who may be becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)
- Families who may need support with finances

Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

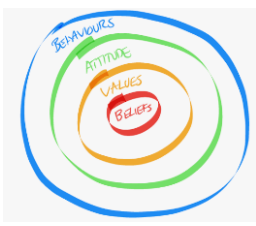
Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

Anyone can provide early help; you do not need to be an expert or professional. Rather than simply passing an issue to a specialist, early help focuses on finding the right support at the right time so that children and their families can thrive. Himbleton's coordinated Early Help offer is outlined below. Himbleton CE Primary School and Nursery may also help you contact other support agencies when additional assistance is needed to support children, young people or families, or to prevent harm. Further details are provided below.

The diagram below shows the range of needs at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.



At Himbleton CE Primary School and Nursery we meet the needs of our children through a variety of ways:

Himbleton's Early Help Offer	
Safeguarding - Designated Safeguarding Lead and Deputy 	Our Safeguarding team works closely together to ensure best possible safeguarding practices are in place. The Designated Safeguarding Lead (Mrs Kirsty Shaw) is non-teaching and therefore able to offer immediate support as needed, supported by a highly trained deputy (Mrs Sara Hedges) who is able to support in the DSL's absence. Staff are trained to share any emerging concerns with the DSL who will put a plan in place, or seek further advice, to support the child or family as needed.
The Himbleton Family 	Smaller class sizes and a family approach ensure that we know our children well and work hard to form positive relationships with parents and carers. We value honest and open conversations which enable us to support children and families at the earliest opportunity.
Pupil Voice 	We regularly conduct children's questionnaires to ascertain if they feel happy and safe. Our Pupil Parliament, including our Head Boy, Head Girl and Mental Health Ambassador, have a role in making sure the pupil voice makes a difference to decisions made at school.
Attendance 	Attending school on time each and every school day is very important. Every child's attendance is monitored closely, including punctuality, with particular attention paid to pupils whose attendance is below 90% (classed as persistently absent) and between 90% and 95%. Mrs Shaw, our Attendance Lead, will help support families where children are struggling with attendance or arriving on time. Advice and support can be found on our website here.
Behaviour For Learning 	At Himbleton, we always seek to recognise children for the good choices they make, with children rewarded with Dojos, stickers and certificates when they display positive choices. We have taken a relationship-based restorative justice approach towards behaviour, enabling children to reflect on any inappropriate choices they may make and to consider the impact of their behaviour on others around them. Parents and carers are well informed, involved and given guidance as needed to support them in encouraging positive behaviour. Our Behaviour Policy is available on our website or by clicking here. All children are encouraged to demonstrate our six Christian values of respect, truthfulness, perseverance, friendship, forgiveness and courage; these are publicly recognised and celebrated through the awarding of a Class Dojo when a value is demonstrated, certificates in weekly golden worship sessions, as well as through peer-nominated 'Values Champions' who are awarded medals half termly for consistently demonstrating all values.

Special Educational Needs – SENCo 	Mrs Gemma Beattie is our SENCO, holds the NPQSEND and oversees the support and provision of all groups of pupils to ensure they are making their best possible progress to meet their full potential. She is able to offer support and guidance to parents and carers via email, telephone or through a face-to-face meeting and can refer to specialist agencies if a particular need is identified. Mrs Beattie also holds regular drop-in sessions to enable parents and carers to talk about any concerns or questions they may have. Further information on our website can be found here.
Extra-curricular clubs and wraparound care 	Extra-curricular clubs are offered to all children to encourage a healthy lifestyle, relationship building, physical activity and sports, social development skills and enhancement of the curriculum. Every class teacher runs an after school club for at least 2 terms, ensuring we continue to provide a broad range of additional activities for children to enjoy. In addition, we have a well-resources wraparound care service (7.45am to 8.30am and (3.15pm to 6.00pm) which can be booked on an ongoing or ad-hoc basis to support parent and carer needs.
Motional 	At Himbleton, we use the Motional tool to identify, assess and improve emotional health and wellbeing of children we work with. It is based on Jaak Panskepp's research on emotional systems in the brain and Margot Sunderland's research around executive functioning skills. It allows us to plan purposeful, bespoke support for pupils to support them with their needs. This is delivered
ELSA (Emotional Literacy) 	We can support children who have an identified need regarding social and emotional mental health through a 1:1 mentoring service with our ELSA trained member of staff, Mrs Claire Marks. This is tailored to meet the needs of the individual.
MELO Onside Advocacy 	In order to support our children, we sometimes refer to Melo Onside Advocacy services who come in to school and offer bespoke interventions and preventative support options to improve the emotional wellbeing and mental health of children from birth to 25 years old and their families.
TISUK 	Mrs Shaw has completed a Level 5 Diploma in Trauma and Mental Health Informed Schools and Communities (Practitioner Status) and staff are trained to recognise the impact of trauma and attachment difficulties and to use the PACE approach.
Mental Health and Wellbeing 	We offer a range of interventions in school to support the emotional wellbeing of our children. These include Talkabout, Zones of Regulation, Time to Talk and nurture-based provision. The school also has a pupil mental health ambassador who learns about the skills and personal qualities of a mental health champion, what mental health is and why it is important, how we care for our own mental health and practical ways they can promote positive mental health around school.
Speech and Language 	Worcestershire Speech and Language therapist, Sarah Hill, supports children who are on the NHS caseload for Speech and Language therapy interventions through direct work, liaison with parents and provision of resources. She works alongside Mrs Ford, our Speech and Language trained teaching assistant.

Online Safety 	Each year group is taught how to use computers and the internet safely throughout the year, linking directly with the computing curriculum and through a cross-curricular approach. We offer presentations for parents using the NCA-CEOP 'ThinkuKnow' resources at curriculum meetings and signpost parents to these, as well as sharing the 'Wake up Wednesday' briefing with parents and carers weekly on the school newsletter. This supports both children and parents in developing a greater awareness of the dangers they face online each day, as well as strategies to keep themselves safe.
School Health and Nursing 	We regularly refer to our school nursing team who can provide a range of services to support children and their families as well as coming into school to screen children as part of the school-screener programme. They can also offer confidential health and wellbeing support to children and young people.
Links with Social Workers and other support agencies	In addition to the above professionals, we also work closely with our Area Safeguarding Officer, Hayley Doyle and Denise Hannibal as well as social workers when needed.
Financial Support 	As a school, we recognise that there may be times when funding activities may be a challenge for families and encourage parents/carers to come in and discuss any financial concerns with the headteacher. Contributions for educational visits, swimming and residential opportunities can be adjusted or spread over a longer period as necessary so that no child is excluded from an activity as a result of funding. Parents and carers can apply for benefits-related free school meals here.

Himbleton and Droitwich Local Services	
Herefordshire and Worcestershire Health and Care - NHS Trust 2 Kings Court Charles Hastings Way Worcester Worcestershire WR5 1JR Providing mental health and learning disability services for all ages across Herefordshire and Worcestershire, running community hospitals and minor injury units, delivering community nursing, and offer specialist services in Worcestershire — including sexual health, dental care, and support for children and families. https://www.hacw.nhs.uk/home	Droitwich Spa Foodbank Foodbank Centre – Droitwich Spa Baptist Church, Ombersley Street East, Droitwich WR9 8QS Foodbank Office – St Andrews Parish Centre, St Andrews Street, Droitwich WR9 8DY Enquiries: 07532 130604 A service that provides three days' nutritionally balanced emergency food and support to local people who are referred to the food bank in a crisis. Part of a nationwide network of foodbanks, supported by Trussell, working to combat poverty and hunger across the UK. https://droitwichspa.foodbank.org.uk/about/
Droitwich Community Pantry and Fridge 25E/25F North Bank, Berry Hill Industrial Estate, Droitwich, Worcestershire.WR9 9AU Offering surplus and rescued food to children and their families in need in the community, an issue that touches many lives, particularly those in Droitwich Spa and surrounding areas. https://www.worcestershirehomelessappeal.org/	Platform Housing Group Supporting the local community to find safe and appropriate homes. 0333 200 7304 https://www.platformhg.com/

Wychavon Housing Support to find an affordable home to buy or rent and view all of the social housing options across South Worcestershire on the Housing For You scheme. The scheme allows you to search and bid for suitable properties on the Choice Based Lettings Scheme. Properties are advertised by Registered Providers on a weekly basis. Also provides housing advice. https://www.wychavon.gov.uk/housing/housing-for-you	Evesham Library Victoria Square Droitwich Spa WR9 8DQ United Kingdom https://www.worcestershire.gov.uk/council-services/libraries/find-library/droitwich-spa-library
Holiday Activities and Food Programme - What's on in Droitwich in the school holidays? Information about the holiday activities and food programme, for parents and providers. https://www.worcestershire.gov.uk/council-services/childrens-social-care/virtual-family-hub/holiday-activities-and-food-haf-programme	Droitwich Wellbeing Hub Early intervention mental health support for all Droitwich residents aged 5 to 75. https://www.droitwichwellbeinghub.com/

Early Help in Worcestershire – The Virtual Family Hub:



An excellent one-stop-shop with information about a wide range of resources to help support you and your family. Including:

[Best Start Family Hub, Droitwich – WANDS](#): - Information about Antenatal courses and groups, midwife and health visitor appointments, speech and language, vitamins, support groups, Parenting groups and stay, weigh and play, workshops and courses, volunteering opportunities, birth registrations and more.



[Droitwich Youth Club – DAFFY](#) - Open access youth provision providing a welcoming, safe and engaging space for young to meet, socialise and access advice and support, to build connections with others, while having the opportunity to take part in activities and projects as well as developing essential life skills (13 to 19 year olds).

[Back to School advice](#) - Tips for returning to school after the holidays.

[Child Safety](#) - Information, advice and guidance on keeping children and young people safe.

[Harmony at Home](#) - Harmony at Home understands all relationships can experience challenges, difficulties and breakdown, especially with the pressures of being a parent. Conflict is natural within relationships, these pages have been designed specifically to support families with advice, tips and information for parents and carers who may be together, separating, divorced or co-parenting.



Please see below for the full range of services and information available on this site (not hyperlinked)



Local Family Hubs

Family Hubs are a welcoming place which provide help and support including parenting groups, midwifery appointments, stay and play sessions and much more.



Youth clubs

Youth clubs for young people providing recreational and leisure time activities that support their personal, social and emotional development.



Back to school

Tips for returning to school after the holidays.



Best Start Worcestershire

Best Start Worcestershire brings together the support and resources for expectant parents and families with babies and young children.



Bullying, harassment, stalking and hate crime

Support and guidance resources.



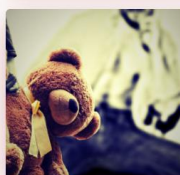
Childcare

Information about childcare and search for childcare in Worcestershire.



Child safety

Keeping your child safe in the home and whilst playing outside.



Domestic abuse: Children and young people

Information and advice on domestic abuse for children, young people and families.



Get Safe

Information and resources to help you look out for signs of child exploitation.



Harmony at Home

Reducing Parental Conflict in partnership with organisations from our multi-agency reference group.



Health

Support and guidance resources.



Holiday Activities and Food (HAF) programme

Information about the holiday activities and food programme, for parents and providers.



Housing, finances and debt

Support and guidance resources.



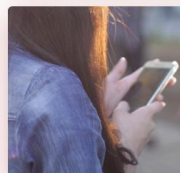
Identity and sexuality

Support and guidance resources about identity, sexuality and LGBTQ+.



Inclusion in Educational Settings

Information on promoting and supporting Inclusion and Inclusive practice in educational settings.



Keeping your child safe online

Find advice and guidance to help keep your child safe when online.



Learning services Worcestershire

Courses and study programmes to help you boost your skills, learn in your community, and unlock your potential.



Mental health and emotional wellbeing

Useful resources to help you support families struggling with mental health.

	Neurodivergence Zone Information on children, young people and neurodivergence for families and professionals.		Parent carer support and assessments Advice, guidance and support for parent carers.
	Relationship support Support and guidance resources.		SEND Local Offer Information about the help and support available in schools and colleges for children with SEND.
	Support, courses, and workshops for parents, carers and grandparents Find out about support, courses, and workshops for parents, carers and grandparents.		Young carers A Young Carer is a person aged between 6 and 17 who supports a family member at home beyond what is typical for their age.

Sometimes, it may be necessary to arrange a Team Around the Family meeting (TAF) when a concern identifies the need for a multi-agency response. It provides the opportunity to discuss how additional needs can be met by sharing information and creating a solution focused plan that will support the needs of your child and your family. [Click here](#) to see what this meeting might look like.

Health, including mental health and emotional wellbeing	
School Health Nursing Service School health nurses offer a range of services to meet the needs of children, young people and their families. These include health needs questionnaires, the National Child Measurement Programme (NCMP) and ChatHealth text messaging service	Chat Health Text Service Chat health is a free and confidential text service for young people from 11-19 in need of advice or support. To confidentially contact your school nurse, text: 07507331750
Worcestershire Health Visiting Service Health visitors work with families to improve future health outcomes and can offer expert information, assessment and intervention for babies, children and families	Droitwich Wellbeing Hub Early intervention mental health support for all Droitwich residents aged 5 to 75
Reach4Wellbeing The Reach4Wellbeing team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood	Social Prescribing – MELO and More MELO and More provide a range of early intervention and preventative support options to improve the emotional wellbeing and mental health of a child or young person from birth to 25, and that of their family
NHS Children and Adolescent Mental Health Services (CAMHS) Support and guidance for children aged 5-11 who may need support with issues such as anger, fear, bullying and loneliness.	Soluna - Kooth Soluna by Kooth is a space for under 13-year-olds to get free confidential mental wellbeing support — built by the same people who brought you Kooth and designed to fit you
Healthy Minds Supporting adults with their mental health with a link to a website to support children's mental health and wellbeing.	Winston's Wish Winston's Wish provide support for children and young people following the death of a sibling, parent, or person important to a child
Samaritans Telephone: 116 123 24 hour support	Mental Health Foundation Working for good mental health for all

Substance Misuse	
Cranstoun Working with adults over 18 who are struggling with their drug or alcohol intake, as well as advice and guidance for family members	Here4YOUth Children and young person's alcohol and drug service for children up to the age of 21 and beyond

Sexual Health	
Sexual Health – Worcestershire County Council Information and support on all areas of sexual health	SH:24 Free STI test kits and contraception
	NHS Sexual Health Information and advice about sexual health, including contraception and sexually transmitted diseases (STIs)

Bullying, including Cyberbullying (online)	
If you are concerned that your child may be being bullied, please come into school and talk to us and we will be able to help. In addition, there are several links below which will provide you with more information as to how to support your child if you, your child, or someone you know is being bullied.	
Himbleton Anti Bullying Policy – including child-friendly version Please see our website for our anti-bullying strategy, including how we share and explain this with children	NSPCC Guidance, support and information on bullying and cyberbullying
Be Internet Legends Helpful advice for adults and children about how they can be smarter, safer and happier explorers of the online world	Anti-Bullying Alliance Advice and support for parents
UNICEF – Cyberbullying and How to Stop it Support and guidance aimed at teenagers regarding bullying online and social media platforms	
Kidscape Help and guidance with bullying	Family Lives Information about bullying, cyberbullying and its effects

Family Members in Prison	
NICCO – National Information Centre on Children of Offenders Helpful links to websites which can support parents and carers who may have a relative in prison	Your (Youth) Support Services (YSS) A service committed to helping young people and adults overcome adversity and achieve independence

Online Safety including Sharing of Nudes and Semi-Nudes (previously called sexting)	
If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:	
CEOP - ThinkuKnow – advice for parents Advice, guidance and resources for parents regarding internet use and how to stay safe online, as well as how to report a concern	Barnardo's – Keeping children safe online Information from online safety experts for all areas of internet safety, including how to start a conversation with your child
	Educate Against Hate Government advice and trusted resources to help safeguard students from radicalisation, build resilience to all types of extremism and promote shared values
Internet matters A great site for parents to help their child feel safe online	BBC – Own it! Lots of resources to teach and learn about internet safety
Sharing of nudes and Semi-nudes is the sending or receiving of sexually explicit images online.	
NSPCC – Sharing pictures Advice and support to help parents understand the risk and how to support your child if they have been sending, sharing or receiving nude images	CEOP Advice and guidance; Nude selfies – what parents and carers need to know

Special Educational Needs (SEND)	
Mrs Gemma Beattie is the school's SENCO and holds the National Professional Qualification for SEND (NPQSEND). She oversees the needs of all the children at school and can refer to specialist external agencies for extra help and support.	
SEND Local Offer – Worcestershire County Council Information and advice for families with children and young people with SEND/disabilities Contact: localoffer@worcschildrenfirst.org.uk	SENDIASS – Special Needs and Disabilities Advice and Support Service Herefordshire and Worcestershire SENDIASS are a dedicated team of advisors offering legally-based and easily accessible information and advice about special educational needs and disabilities (SEND)
Council for Disabled Children Helping disabled children and young people and those with special educational needs to have full and happy childhoods, to fulfil their potential and be active in the community	Hereford and Worcester Dyslexia Association Information and advice for parents who would like to find out more about dyslexia
Worcestershire Social Care and support for children with disabilities Services to support the needs of children and young people who have complex disabilities	Worcester Dyslexia Parent Group Support group for parents who have children with dyslexia

Relationships	
Making friends and starting new relationships are a big part of getting older. It's very common for children to fall out with friends or break up from relationships – which can be very difficult to deal with. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.	
NSPCC Advice and guidance for parents on how to talk to their child about relationships	Harmony at Home Pages designed specifically to support families with advice, tips and information for parents and carers who may be together, separating, divorced or co-parenting
West Mercia Women's Aid - Helping Hands Helping Hands is for children aged 7-12. The group will help to increase children's understanding of feeling safe and to explore and promote behaviours which will contribute to a safe environment	
The Virtual Family Hub – Worcestershire County Council Further support and links to helpful websites for all relationship issues and support	Childline Advice and support for children experiencing relationship issues

Finance, Housing and Employment	
If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:	
Worcester Job Centre Plus Worcester JobCentre Plus, Vine House, Farrier Street, Worcester Worcestershire, WR1 3EL 0845 604 3719 01432 426282	Droitwich Citizens' Advice Bureau The Library, Victoria Square, Droitwich, WR9 8DQ 0808 2787891 enquiries.wychavon@citizensadvice.org.uk
	Housing and Homelessness – Worcestershire County Council Advice and guidance on homelessness and housing in Worcestershire
	Indeed Job vacancies in Droitwich
South Worcestershire Housing Supporting the local community to find safe and appropriate homes	Act on Energy Financial support for parents and carers experiencing difficulties with household bills

Parenting Support	
Triple P Parenting – Positive Parenting Program Supporting families, advice and guidance	Action for Children – Parent Talk

	Down-to-earth parenting advice, with answers to parenting questions and access to a parenting coach to talk about anything worrying
Worcestershire Virtual Family Hub This page offers support, guidance, and details about workshops, webinars and courses with everything you need to know about caring for your child and your own wellbeing	

Child Exploitation	
PACE – Parents Against Child Exploitation Support for parents and carers whose children are being exploited by offenders outside the family	Catch 22 Support for young people, professionals and carers with the aim of preventing or stopping child exploitation and missing incidents
	Get Safe Worcestershire Lots of information about exploitation if you are worried that your child is at risk of being tricked, forced, or made to work in the criminal world
Barnardo's Support and guidance for children and families who have experienced exploitation and sexual exploitation	STOPCE Guidance and explanations about child exploitation
West Mercia Youth Justice Service Support and advice for young people aged 10-17 who have got into trouble with the police	Action for Children Information and support for parents who may be worried that their child is being drawn into criminal activity and being exploited

Domestic Abuse	
West Mercia Women's Aid Support for women experiencing domestic abuse	Domestic Abuse Support – Worcestershire County Council Help and guidance for anyone experiencing domestic abuse, with further links to helpful sites
Safe Lives A website for survivors, families and friends	Purple Leaf Support for victims of sexual abuse and violence